

# 2013 WEST COAST CHAMPIONSHIPS

September 27, 28 & 29, 2013

at

ICE-O-PLEX SIMI VALLEY  
131 W. Easy Street  
Simi Valley, Ca. 93065  
(805) 520-7465



Sanctioned by:



Close of Entry  
**August 31, 2013**

**SINGLE EVENTS:**

Tot thru Beginner 1-3

Well Balance Program Levels – No Test thru Senior

Adult Pre-Bronze thru Championship Adult Gold/Gold, Masters Free Skate

Young Adult Pre-Bronze thru Championship Adult Gold/Gold Free Skate

**PAIRS EVENTS:**

Pre-Juvenile thru Senior Pairs

**DANCE EVENTS:**

\* *Solo Dance Event*

Preliminary thru Gold

**\*Final Rounds: \$500 Grant/Scholarship(s) will be awarded for 1<sup>st</sup> place winners in Juvenile thru Senior Singles and Pairs. Important: Refer to section "Final Round Rules and Restrictions" on page 3.**

**\*\*All No Test Thru Senior Events must submit a Planned Program Element Sheet. No Exceptions.**

Contact: Registrar: Rosa Albert Email: [rmpa2006@aol.com](mailto:rmpa2006@aol.com)  
Competition Chair: Jolinda Oliva Email: [Jolinda@iceoplex.com](mailto:Jolinda@iceoplex.com) Phone: (805) 798-2450

Website: [www.tvfsc.org](http://www.tvfsc.org)

# 2013 WEST COAST CHAMPIONSHIPS

## GENERAL INFORMATION

- Competition Rules:** The competition will be conducted in accordance with the rules of the US Figure Skating as set forth in the current 2013-2014 US Figure Skating Rulebook, except as herein specified. Changes to the West Coast Open rules or schedules will be posted on the website at [www.tvfsc.org](http://www.tvfsc.org) and on the official bulletin board at Ice-o-plex Simi Valley and will be considered sufficient notice to all competitors and officials. **Important: It will be the responsibility of the Coach and Competitor to check the US Figure Skating Website for current rule updates and clarifications.**
- Eligibility:** Open to eligible skaters in good standing with US Figure Skating, or Basic Skills and have consent of a home club official or Skating School Director (see Entry Form). Each skater may compete at the level for which they are qualified under the US Figure Skating test rules as of the close of entries on August 31, 2013 **or one level higher**. The skater's age as of August 31, 2013 will determine the age requirements for all events.
- Rink Size:** 200' x 100' with rounded corners (standard Olympic size).
- Contacts:** Visit [www.tvfsc.org](http://www.tvfsc.org) for competition information and updates.  
Registrar: Rosa Albert (805) 501-1830 (no calls after 9:00 p.m.) Email: [rmpa2006@aol.com](mailto:rmpa2006@aol.com)
- Events:** Single Events: USFS No Test thru Senior; Tot thru Beginner 1-3;  
Young Adult & Adult: Pre-Bronze thru Championship Adult Gold / Gold ;  
Pairs Events: Pre-Juvenile thru Senior  
Dance Events: Solo Dance Event
- Entry Forms:** **Mail In Option:** Complete the attached Entry Forms making sure that the Skater Information is complete, all events to be entered are identified, and **contact for permission is included**. **For Pairs each skater must submit a separate Entry Form. Mail forms and fees together. August 31, 2013.** All entries must be submitted by the deadline and mailed to:  
  
**West Coast Championships, Attn: Registrar, TVFSC, 694 Coldbrook Pl, Simi Valley, Ca. 93065**  
(805) 501-1830, e-mail: [rmpa2006@aol.com](mailto:rmpa2006@aol.com)  
  
**\*\*\*Make sure you have marked the correct event(s). There will be a \$50.00 fee to change your event after the Groups have been established No Exceptions.**  
  
**Online Option** – Tri-Valley is in the process of developing online registration and payments. Visit [www.tvfsc.org](http://www.tvfsc.org) to check the status for Online Registration and Payment.  
**THIS IS NOT ENTRYEEZE.** Simply fill out the form, send it then you will be directed to Paypal for payment. There will be a \$3.00 convenience/processing fee. **You ARE NOT required to have a Paypal account.**
- Late Entries:** Entries submitted after the deadline of August 31, 2013 are considered late entries and will be accepted or declined at the discretion of the Chief Referee and if accepted will be subject to a late fee of \$50.00.
- Cancellations & Refunds:** There will be no refunds after the close of entries. If an event or the competition is cancelled refunds will be in accordance with rule 3045, 3046 and 3047.
- Returned Checks:** A \$35 fee will be charged for NSF / returned checks.
- Practice Ice:** Contact the Ice-o-plex directly for additional freestyle and public session times at (805) 520-7465 or [www.iceoplexsimivalley.com](http://www.iceoplexsimivalley.com)
- Check-in:** All skaters must check in with the Registration Desk at least 45 minutes before the scheduled time of their event. Events may begin as much as 15 minutes before the scheduled starting time at the Chief Referee's discretion. Skaters must check in with the Ice Monitor 30 minutes before they are scheduled to skate.

- Music:** Skaters are to provide **CDs (standard CD format only, no re-recordable CDRW discs)** for their events. Each CD must have only one program on it, starting at the beginning and clearly marked with the skater's name, event, pro's name, and length of music. Music must be turned in to the Registration Desk at the time of check-in for the event. **Have a back-up copy available at rink-side in the event that there is a problem with the first CD.** Please pick up your music shortly after the event. Music CDs will not be saved after the competition's final event concludes.
- Groupings:** Tot through Pre-Juvenile will be grouped by age; Juvenile through Senior will be by random draw. Siblings will be separated when possible. At the discretion of the Chief Referee, levels and/or events may be combined to allow skaters the chance to compete, or single entries will be given a refund in accordance with US Figure Skating rule 3040. Male and female skaters may be combined in all events **except** US Figure Skating free skating events. The decision of the Chief Referee will be final. **Initial and final rounds** will be in accordance with the 2013-2014 USFS Rulebook.
- Awards:** Tot thru Beginners: Medals will be awarded for 1<sup>st</sup> thru 6<sup>th</sup> place winners.  
Well Balance Program Levels: No Test thru Pre-Juvenile Singles, Pre-Juvenile Pairs, Pre-Bronze thru Bronze Adults and Solo Dance Events: Medals will be awarded for 1<sup>st</sup> thru 4<sup>th</sup> place winners.  
Open Juvenile, Adult Silver thru Gold Events.: Trophies will be awarded for 1<sup>st</sup> thru 3<sup>rd</sup> place.  
**Final Rounds:** Juvenile thru Senior Singles, Intermediate thru Senior Pairs – 1<sup>st</sup> place will be awarded a Trophy and a \$500 grant/scholarship. Trophies will be awarded to 2<sup>nd</sup> and 3<sup>rd</sup> place.  
**Events that do not meet the 3 skater minimum trophies will be awarded for 1<sup>st</sup> and 2<sup>nd</sup>.**
- Grant/Scholarship Final Round Rules and Restrictions:** **Qualifying Events:** Juvenile thru Senior Singles and Pairs.  
**Entries:** There must be a minimum of 3 skaters for the event to qualify as a final round. **This is not entered but actually skated.** All segments **Short Program and Freeskate must be skated.**  
**Groups:** If there is only one group, then the initial round would become the final round. Where there is more than one group, then advancement will be in accordance with the current US Figure Skating rule book.  
**Initial/Final rounds:** Short Program and Free Skate program will be skated for the Initial round. Free Skate programs will be skated for Final rounds. Skating order will be by random draw.
- Scoring:** The IJS system will be used for No test thru Senior Singles and Pairs events. Tot thru Beginner 1-3, Adult Pre-Bronze, Adult Bronze and Dance events will use the 6.0 system.  
**\*\*\*A Planned Program Element Sheet for ALL Free Skate & Short Programs utilizing the IJS judging system must be submitted with your entry form.**
- Officials:** U.S. Figure Skating judges will be selected from the current U.S. Figure Skating list of Officials.
- Photos:** Pictures will be taken of the top four skaters in each event on the podium when the awards are given immediately following each event. Special Awards will be presented on Ice at the end of the competition. All skaters can arrange with the photographer for individual pictures. Digital action photos of each skater will also be available.
- Videos:** All skaters can arrange tapings with the official videographer at the event.
- Admission:**
- |                            |         |
|----------------------------|---------|
| General Admission Day Pass | \$ 5.00 |
| Seniors 65 and over:       | \$ 3.00 |
- Children 5 and under are free. Children under the age of ten must be accompanied by an adult.
- Chaperone:** One (1) Chaperone wristband per skater under 18 yrs - wristband will be issued to the name listed on the entry form. **Lost wristbands will be replace for a fee of \$15.00**  
**Registered USFS/PSA Coaches** - One (1) wristband will be issued to the primary coach listed on the entry form.

**Transportation:** Airports: Bob Hope Burbank/Glendale/Pasadena Airport is approx. 29 miles (30 min) from Ice-o-plex Simi Valley. Los Angeles International Airport is approx. 40 miles (45 min) for Ice Station Valencia  
Door to Door Airport Transportation: Super Shuttle - Info & Reservations (310) 782 6600; [www.supershuttle.com](http://www.supershuttle.com)

**Driving Directions:** For driving directions to the Ice-o-plex Simi Valley visit [www.mapquest.com/directions](http://www.mapquest.com/directions) and enter the address of the rink : 131 W. Easy Street, Simi Valley, Ca 93065

**Accommodations:**

<u>Grand Vista Hotel</u> 999 Enchanted Way Simi Valley, Ca 93065 TT #: (805) 583-4000	<u>Best Western Posada Royal</u> 1775 Madera Road Simi Valley, Ca 93065 TT #: (805) 584-6300	<u>Courtyard by Marriott</u> 191 Cochran Street Simi Valley, Ca 93065 TT #: (805) 915-5000
--	---	---

**Just minutes from Ronald Regan Library and Simi Valley Town Center and Town Center**

**Ronald Regan Presidential Library & Museum Store –**  
40 Presidential Drive, Simi Valley, Ca 93065 Telephone: (805) 522-2977  
Open Daily 10am – 5pm “This library is in a truly beautiful setting on a high hill outside of Simi”

**Simi Valley Town Center –**  
1555 Simi Town Center Way, Simi Valley, Ca 93065-0523 Telephone: (805) 581-1430

**\*\*IMPORTANT NOTICE REGARDING MEMBERSHIP:**

**All competitors entering a Sanctioned U.S. Figure skating competition must be a registered member of U.S. Figure Skating or a Basic Skills Program. If you have never been a member of U.S. Figure Skating you can visit [www.tvfsc.org](http://www.tvfsc.org) or a club of your choice and apply as an introductory skater.**

**\*\*All coaches must be registered with U.S. Figure Skating and PSA in order to put a skater on the ice.**

**BEGINNER LEVELS:**

**Skaters may skate up one level higher than their test level**

<b>LEVEL</b>	<b>DESCRIPTION</b>	<b>Duration (min:sec)</b>
Tot Level Info:	The skating order of required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed. Program will be skated on full ice. OPTIONAL CONTENT: 2-foot hop in place, 2-foot upright spin, rocking horse, forward skating 8-10 steps, curves/edges.	
Tots	Age 6 and under, and have not passed any standard U.S. Figure Skating tests. <u>Free Skate Content:</u> Skaters are to include forward snowplow stop, 2-foot glide followed by a dip, backward wiggle, and forward 2-foot swizzle, up to two additional moves from options listed above.	FS 1:10 max.
Beginner 1	Have not passed any standard US Figure Skating. <u>Free Skate Content:</u> Max 5 jump elements: Jumps with not more than one-half rotation jump (front to back/back to front); Maximum 2 jump sequences; Maximum 2 of any same jump; Maximum 2 spins: 2 upright spins, no change of foot, no fly entry, min 3 revs.; connecting moves and step should be demonstrated throughout.	FS 1:30 +/- 10 sec.
Beginner 2 (toe-loop level)	Have not passed any standard US Figure Skating tests. <u>Free Skate Content:</u> Max 5 jump elements: Jumps with not more than one-half rotation jump (front to back/back to front including half-loop); Single rotation jumps: Salchow and toe Loop only. Maximum 2 jump sequences; Maximum 2 of any same jump; Maximum 2 spins: 2 upright spins, change of foot optional, no fly entry, min 3 revs.; connecting moves and step should be demonstrated throughout.	FS 1:30 +/- 10 sec.
Beginner 3 (loop level)	Have not passed any standard US Figure Skating tests. <u>Free Skate Content:</u> Max 5 jump elements: Jumps with not more than one-half rotation jump (front to back/back to front including half-loop); Single rotation jumps: Salchow, toe Loop and loop only. Maximum 2 jump combo sequences; Maximum 2 of any same type jump; Maximum 2 spins of a different nature, one position only, no change of foot, no fly entry, min 3 revs.; connecting moves and step should be demonstrated throughout.	FS 1:30 +/- 10 sec.

**U.S. FIGURE SKATING WELL BALANCED PROGRAM EVENTS**

Events will be conducted in accordance with the current 2013-2014 U.S. Figure Skating Rulebook, except as specified herein.

\*\*\*Please check [www.usfsa.org](http://www.usfsa.org) for updates.

LEVEL	QUALIFICATION	DESCRIPTION	DURATION (min : sec)
No Test Level	No age restrictions. Skaters must not have passed <u>any standard US "Free Skating" test.</u>	Allowable content as per US Figure Skating Rules Section 4280.	1:30 +/- 10 Sec.
Pre-Preliminary (Lutz level)	No age restrictions. Skaters must not have passed the Preliminary free skate test.	Allowable content as per US Figure Skating Rules Section 4270. EXCEPT: No Axel allowed	FS 1:30 +/- 10 sec
Pre-Preliminary (Axel level)	No age restrictions. Skaters must not have passed the Preliminary free skate test.	Allowable content as per US Figure Skating Rules Section 4270.	1:30 +/- 10 Sec.
Preliminary	20 years and under. Skaters must not have passed the Pre-Juvenile free skate test.	Allowable content as per US Figure Skating Rules 4260.	1:30 +/- 10 Sec.
Pre-Juvenile	20 years and under. Skaters must not have passed the Juvenile free skate test.	Allowable content as per US Figure Skating Rules Section 4250. No double axels or triple jumps allowed.	2:00 +/- 10 Sec.
Juvenile and Open Juvenile	Juvenile - 13 years and under. Open Juvenile – 14 years and older Skaters must not have passed the Intermediate free skate test.	Allowable content as per US Figure Skating Rules Section 4240.	2:15 +/- 10 Sec.

LEVEL	QUALIFICATIONS	SHORT PROGRAM / FREESKATE REQUIREMENTS	DURATION (min : sec)
Intermediate	17 years and under. Skaters must not have passed the Novice free skate test.	<b>Short Program:</b> As per US Figure Skating Rule Section 4230  <b>Free Skate Allowable Content:</b> As per US Figure Skating Rule Section 4230	Short Prog: 2:00 max  FS: 2:30 +/- 10 Sec
Novice	Skaters must not have passed the Junior free skate test.	<b>Short Program:</b> As per US Figure Skating Rule Section 4220 (men);4220 (ladies)  <b>Free Skate Allowable Content:</b> As per US Figure Skating Rule Section 4220	Short Prog. 2:30 max  Free Skate: 3:00 Ladies 3:30 Men +/- 10 Sec.
Junior	Skaters must not have passed the Senior free skate test.	<b>Short Program:</b> As per US Figure Skating Rule Section 4210 (men);4210 (ladies)  <b>Free Skate Allowable Content:</b> As per US Figure Skating Rule Section 4210	Short Prog: 2:50 max  Free Skate: 3:30 Ladies 4:00 Men +/- 10 Sec
Senior	Skaters must have passed the Junior free skate test.	<b>Short Program:</b> As per US Figure Skating Rule Section 4200 (men);4200 (ladies)  <b>Free Skate Allowable Content:</b> As per US Figure Skating Rule Section 4200	Short Prog: 2:50 max  Free Skate: 4:00 Ladies 4:30 Men +/- 10 Sec.

## PAIRS EVENTS

Note: It is permissible for one or both partners to have passed the next higher Pairs or Dance test and still remain eligible to compete at the lower level, provided that neither skater has competed at the higher Pair's or Dance level in qualifying competitions. Further, if the skater chooses to compete at the lower Pair's or Dance level they must do so with a partner other than the one with whom they passed the higher Pairs or Dance test.

LEVEL	Test Requirements	Descriptions	Duration (min:sec)
<b>Pre-Juvenile Pairs</b>	Under 14 yrs old. Both partners must have passed the Pre-Juvenile (or higher) Moves in the Field test.	Allowable Content as per US Figure Skating Rules Section 5250	2:00 +/- 10 sec.
<b>Juvenile Pairs</b>	Under 16 yrs old. Both partners must have passed the Pre-Juvenile Moves in the Field test or higher and passed the Pre-Juvenile Pair test.	Allowable Content as per US Figure Skating Rules Section 5240	2:30 +/- 10 sec.
<b>Intermediate Pairs</b>	17 yrs old and under. Both partners must have passed the Intermediate Moves in the Field test or higher and Juvenile Pairs test.	Allowable Content as per US Figure Skating Rules Section 5230	3:00 +/- 10 sec.
<b>Novice Pairs</b>	No age restrictions. Both partners must have passed the Novice Moves in the Field test or higher and Novice Pair test	<b>Allowable Content Short Program:</b> As per US Figure Skating Section 5220  <b>Allowable Content Free Skate Program:</b> As per US Figure Skating Section 5220	Short Prog. 2:50 max.  Freeskate 3:30 +/- 10 sec.
<b>Junior Pairs</b>	No age restrictions. Both partners must have passed Junior Moves in the Field test or higher and the Junior Pairs test.	<b>Allowable Content Short Program:</b> As per US Figure Skating Section 5210  <b>Allowable Content Free Skate Program:</b> As per US Figure Skating Section 5210	Short Prog. 2:50 max.  Freeskate 4:00 +/- 10 sec.
<b>Senior Pairs</b>	No age restrictions. Both partners must have passed the Senior Moves in the Field test and the Senior Pairs test	<b>Allowable Content Short Program:</b> As per US Figure Skating Section 5200  <b>Allowable Content Free Skate Program:</b> As per US Figure Skating Section 5200	Short Prog. 2:50 max.  Freeskate 4:30 +/- 10 sec.

## ADULT AND YOUNG ADULT EVENTS

**Age categories:** Young Adults events are open to skaters aged 18 to 20 years. Adult and Master's events are open to skaters age 18 and over. Adult age categories (i.e. Classes I to IV) may be divided or combined by age or gender at the Chief Referee's discretion:

Young Adult Age: 18-20 yrs	Class I – Age 21 to 30 years	Class II – Age 31 to 40 years	Class III- Age 41 to 50 years	Class IV – Age 51 to 60 years	Class V – Age 61 yrs and over
-------------------------------	---------------------------------	----------------------------------	----------------------------------	----------------------------------	----------------------------------

Adult free skate events will be skated in accordance to the current 2013-14 U.S. Figure Skating Rulebook. Time limits, as indicated on that table and herein, are maximums. There are no minimums. **Skaters may skate up one level** from what they are otherwise qualified for based on tests. Well-Balanced Program requirements shall apply. **Masters levels** may ultimately be combined by age or by level at the Chief Referee's discretion.

Event	Qualification	Description	Duration (min:sec)
<b>Pre-Bronze</b>	Passed no higher than Standard Pre-Preliminary FS, ISI FS 3, or Adult Pre-Bronze FS.	Allowable content as per U.S. Figure Skating Rules Section 4600	1:40 max.
<b>Bronze</b>	Test and Age Requirements in accordance with section 2552 and 4590	Allowable content as per U.S. Figure Skating Rules Section 4590	1:50 max
<b>Silver</b>	Test and Age Requirements in accordance with section 2552 and 4580	Allowable content as per US Figure Skating Rule Section 4580	2:10 max.
<b>Championship Gold / Adult Gold</b>	Test and Age Requirements in accordance with Section 2552 and 4570	Allowable content as per US Figure Skating Rules Section 4570	2:40 max.

## DANCE EVENTS

Conduct of the Solo Dance Event will be in accordance with the 2013 season National Solo Dance Rules posted on the U.S. Figure Skating Website. Rules not covered in the National Solo Dance Guidelines will be per Section 6000 to 6922 in the U.S. Figure Skating Rulebook for the 2013-2014 Season. Each group will skate 2 dances. Skaters may compete in flights at the discretion of the Referee.

Event	Qualification.	Dances
<b>Preliminary* Solo Dance</b>	No test or passed Preliminary	Canasta Tango / Rhythm Blues
<b>Pre Bronze* Solo Dance</b>	Passed Preliminary or Pre-Bronze test	Cha-Cha /Fiesta Tango
<b>Bronze* Solo Dance</b>	Passed Pre-Bronze or Bronze	Willow Waltz / Ten-Fox
<b>Pre-Silver* Solo Dance</b>	Passed Bronze or Pre-Silver	European Waltz / Foxtrot
<b>Silver* Solo Dance</b>	Passed Pre-Silver or Silver	Silver Tango / Rocker Foxtrot
<b>Pre-Gold* Solo Dance</b>	Passed Silver or Pre-Gold	Killian / Blues
<b>Gold* Solo Dance</b>	Passed Pre-Gold or Gold	Viennese Waltz /Argentine Tango

\* Test level may be either standard or solo dance.

Adult dance, adult solo dance, master's dance and master's solo dance do not fulfill the testing requirements for this event

### SOLO PATTERN DANCE TEST LEVEL:

All skaters must either compete at their test level or one level above of their highest completed dance test. The determination of level will be based upon test level at the entry deadline\*\*.

The test level is determined by a skater completing all of the dance tests within that level.

## Check Events and Levels entered

Skaters Name: \_\_\_\_\_ Test Level \_\_\_\_\_

Beginner & Test Track:	Freeskate	USFS Pairs:	Freeskate	Adult:	Freeskate
Tot		Pre-Juv *		Pre-Bronze	
Beginner 1		Juvenile *		Bronze	
Beginner 2		Intermediate *		Silver *	
Beginner 3		Novice S/P & FS *		Gold *	
		Junior S/P & FS *		Ch. Gold *	
		Senior S/P & FS *			
USFS Well Balance:	Freeskate	Solo Dance:			
No Test FS *		Preliminary			
Pre-Preliminary FS (Lutz) *		Pre-Bronze			
Pre-Preliminary FS (Axel)*		Bronze			
Preliminary FS *		Pre-Silver			
Pre-Juvenile FS *		Silver			
Juvenile FS *		Pre -Gold			
Open Juvenile FS *		Gold			
Intermediate S/P & FS *					
Novice S/P & FS *					
Junior S/P & FS *					
Senior S/P & FS *					

“ \* “ denotes Planned Program Content Sheet REQUIRED

Mail the following to the Registrar:

**All Skaters:** Official Entry Form w Event Check list, Entry Fees

Planned **Program Element Sheet for ALL IJS Freeskate & Short Program Events**

**Pairs:** Please mail forms together.

**Make Checks or Money Order Payable to:** “Tri-Valley FSC”

**MAILING ADDRESS:**

2013 West Coast Championships  
 Attention: Registrar  
 694 Coldbrook Place  
 Simi Valley, Ca 93065

Information: Rosa Albert  
 (805) 501-1830 (no calls after 9:00 pm)  
 e-mail: [rmpa2006@aol.com](mailto:rmpa2006@aol.com)

**DEADLINE: Entries must be submitted by August 31, 2013**

**Chaperones Name:** \_\_\_\_\_

(Only One All Event Chaperone pass per skater under 18 years of age will be issued) **Lost passes will be replaced for a fee of \$15.00.**





**ALL NO TEST THRU SENIOR SINGLES & PAIRS**

(Tot, Beginner, Test Track, Pre-Bronze Adult thru Bronze Adult and Dance do not need to fill out)

**Planned Program Content**

Please fill in with type or write in capital letters!

Competitor's name: \_\_\_\_\_

Event Entered: \_\_\_\_\_

**ELEMENTS IN ORDER OF SKATING**

<b>ELEMENTS IN ORDER OF SKATING</b>	
<b>Elements Short Program</b>	<b>Elements Free Skating</b>
1	1
	2
2	3
	4
3	5
	6
4	7
	8
5	9
	10
6	11
	12
7	13
	14
8	15
	16